

**Attitude Maneuver from ??? to ??? / Enabling of ??-?? Mode and Activation of ????**  
**Preparation for EVA**

GMT	Crew	Activity
09:30–09:40		Morning inspection
09:40–10:10		Personal hygiene (post-sleep)
10:10–11:00		BREAKFAST
11:05–11:15		Christmas greeting (by His Holiness Patriarch Alexy II) (S-band)
11:15–11:30		Daily planning conference (S-band)
11:30–11:45	FE-1	RENAL STONE: metabolic log entry (FE-1 food and fluid intake)
11:30–11:45	CDR	Work prep
11:30–11:40	FE-2	
11:40–12:05		Increment 4 payload status check
11:45–12:15	FE-1	RENAL STONE: urine collection
12:05–13:35	CDR, FE-2	Installation of ??-21 container (interface to Progress thrusters)
12:15–13:15	FE-1	RENAL STONE: urine collection
13:35–13:45	CDR	<b>On MCC GO:</b> mating of ?? ? -connectors to ???2-12 (S-band)
13:35–14:25	FE-2	Prep of ??? for EVA
13:45–14:55	CDR, FE-1	Installation of portable repress tank ??? ? 3?.1 (w/o divider) into repress/pressure monitoring line
14:25–15:55	FE-2	Physical exercise (RED)
14:55–15:55	FE-1	Physical exercise (TVIS)
	CDR	Test of EVA support panel (???) in DC-1 and ???
15:55–16:55	FE-2	Physical exercise (TVIS)
	CDR	Physical exercise (cycle)
	FE-1	Physical exercise (RED)
16:55–17:55		LUNCH
17:55–18:55	FE-1, CDR	EVA tool prep
18:30–19:00	FE-2	Maintenance of ???
18:55–19:55	CDR, FE-1	Orlan spares prep
19:00–19:15	FE-2	RENAL STONE: metabolic log entry (FE-2 food and fluid intake)
19:15–21:40		Payload HD installation
19:55–21:25	CDR	Physical exercise (TVIS+IREDD)
20:00–20:30	FE-1	RENAL STONE: urine collection
20:30–21:45		Prep of ??? for EVA
21:40–22:10	CDR, FE-2	Visual inspection and photo documenting of SM porthole No. 9. Conference with ground expert (S-band)
22:10–22:35		Review of plan for upcoming day
22:35–23:05		Work prep
23:05–23:20		Daily planning conference (S-band)
23:20–23:50		DINNER
23:50–00:10		Daily food ration prep
00:10–01:00		Personal hygiene (pre-sleep)
01:00–09:30		SLEEP

**Notes:** See OSTP for references to US activities

As a part of their EVA prep, CDR & FE-1 will perform hand and arm exercises per r/g2672

End of radiogram